Mayo Clinic Rochester and Health System: Treatment of suspected or confirmed COVID-19 in adults

Positive SARS-CoV-2 PCR

Outpatient management

Anti-spine protein monoclonal antibodies (EUA) for high-risk patients

Inpatient management

MODERATE
No supplemental oxygen (or no increasing requirements in oxygen-dependent patients)

SEVERE
Supplemental oxygen (or increasing requirements in oxygen-dependent patients)

CRITICAL
ICU level care

Remdesivir

Remdesivir +/- dexamethasone
Other corticosteroids (eg, methylprednisolone, prednisone, hydrocortisone) are likely as effective as dexamethasone.

CONSIDER
Anti-spine monoclonal Ab trial
May be combined with remdesivir and/or corticosteroids. Patients who received convalescent plasma are excluded.

Senolytic therapy
Fisetin trial if ≤2 LNC

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Other corticosteroids (eg, methylprednisolone, prednisone, hydrocortisone) are likely as effective as dexamethasone.

CONSIDER
Anti-spine monoclonal Ab trial
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Convalescent plasma
(if remdesivir contraindicated)

Senolytic therapy
Fisetin trial if ≤2 LNC

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Inpatient management